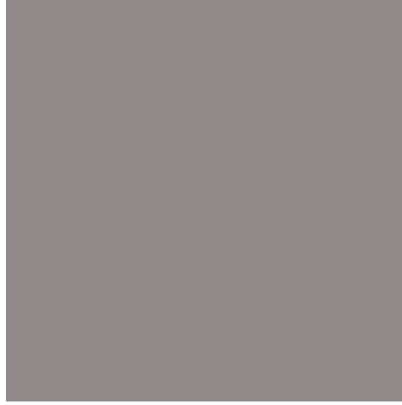
Blue Secure Silver
FOR BUSINESS

Effective for plan years on and after January 1, 2016



Plan Benefits Summary

BlueCross BlueShield of Alabama

AlabamaBlue.com

We cover what matters.

Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.

Hospital Tiered Network

The Blue Cross and Blue Shield of Alabama Hospital Tiered Network is a local Alabama effort to ensure fiscal responsibility, quality and patient safety in member hospitals. Hospitals are categorized into one of three “tiers”, based on their performance. Hospitals designated as Tier 1 are recognized as having attained the highest level of performance.

Copay amounts for inpatient and outpatient services will vary between tiers with Tier 1 having the lowest copay. The Tier 1 level includes all PPO facilities (including PPO facilities outside Alabama) other than Tier 2 and Tier 3. Only Alabama general acute care hospitals are eligible for tiering within the Hospital Tiered Network. Rehabilitation hospitals, psychiatric hospitals, specialty facilities, out of state hospitals, VA hospitals and long term care hospitals are exempt from participating. All facilities not included on this list are subject to standard in-network benefit design.

All hospitals are evaluated annually with changes made effective January 1. In addition, reviews are completed on a quarterly basis allowing hospitals to improve tier status. To review the evaluation criteria for all hospitals and/or the tier level of a particular hospital, please use the “Find a Doctor” tool on our website at **AlabamaBlue.com.** The tier level will be included in the information provided for each hospital that participates in the Hospital Tiered Network. For more information on the evaluation criteria, click on the name of the hospital and then click on the “Credentials” tab. If you have any questions, please call the Customer Service number on the back of your ID card.

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BlueCard® PPO

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Benefit payments are based on the amount of the provider's charge that Blue Cross and/or Blue Shield plans recognize for payment of benefits. The allowed amount may vary depending upon the type provider and where services are received.		
SUMMARY OF COST SHARING PROVISIONS (Includes Mental Health Disorders and Substance Abuse)		
Calendar Year Deductible The in-network and out-of-network deductibles are separate and do not apply to each other	$2,200 individual; $4,400 family	$2,200 individual; $4,400 family
Calendar Year Out-of-Pocket Maximum (including the calendar year deductible) Deductibles, copays and coinsurance for in-network services and out-of-network Mental Health Disorders and Substance Abuse emergency services apply to the out-of-pocket maximum	$6,850 individual; $13,700 family After you reach your individual Calendar Year Out-of-Pocket Maximum, applicable expenses for you will be covered at 100% of the allowed amount for remainder of calendar year	There is no out-of-pocket maximum for out-of-network services
INPATIENT HOSPITAL AND PHYSICIAN BENEFITS (Includes Mental Health Disorders and Substance Abuse)		
Precertification is required for inpatient admissions (except medical emergency services and maternity); notification within 48 hours for medical emergencies. Generally, if precertification is not obtained, no benefits are available. Call 1-800-248-2342 (toll free) for precertification.		
Inpatient Hospital	**Tier 1:** Covered at 100% of the allowed amount after $350 per day hospital copay days 1-5 for each admission **Tier 2 & Tier 3:** Covered at 100% of the allowed amount after $700 per day hospital copay days 1-5 for each admission	Covered at 50% of the allowed amount after $1,400 per admission deductible **Note**: In Alabama, available only for medical emergency and accidental injury
Inpatient Physician Visits and Consultations	Covered at 100% of the allowed amount subject to calendar year deductible **Mental Health Disorders and Substance Abuse Services covered at 100% of the allowed amount; no copay or deductible**	Covered at 50% of the allowed amount subject to calendar year deductible **Mental Health Disorders and Substance Abuse Services covered at 50% of the allowed amount; no copay or deductible**
OUTPATIENT HOSPITAL BENEFITS (Includes Mental Health Disorders and Substance Abuse)		
Precertification is required for some outpatient hospital benefits and physician-administered drugs; please see your benefit booklet. If precertification is not obtained, no benefits are available.		
Outpatient Surgery (Including Ambulatory Surgical Centers)	**Tier 1:** Covered at 100% of the allowed amount after $350 hospital copay **Tier 2 & Tier 3:** Covered at 100% of the allowed amount after $700 hospital copay	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered
Emergency Room (Medical Emergency)	Covered at 100% of the allowed amount after $350 hospital copay	Covered at 100% of the allowed amount after $350 hospital copay and subject to calendar year deductible **Mental Health Disorders and Substance Abuse Services covered at 100% of the allowed amount after $350 hospital copay**
Emergency Room (Accident) **Note:** If you have a medical emergency as defined by the plan after 72 hours of an accident, refer to **Emergency Room (Medical Emergency)** above.	Covered at 100% of the allowed amount after $350 hospital copay	Covered at 100% of the allowed amount after $350 hospital copay and subject to calendar year deductible when services are rendered within 72 hours of the accident; 50% of the allowed amount subject to calendar year deductible when services are rendered after 72 hours of the accident and not a medical emergency as defined by the plan
Emergency Room Physician	Covered at 100% of the allowed amount after $65 physician copay	Covered at 100% of the allowed amount after $65 physician copay and subject to calendar year deductible **Mental Health Disorders and Substance Abuse Services covered at 100% of the allowed amount after $65 physician copay**

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Outpatient Diagnostic Lab, X-ray & Pathology	**Tier 1:** Covered at 100% of the allowed amount after $350 hospital copay **Tier 2 & Tier 3:** Covered at 100% of the allowed amount after $700 hospital copay	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered
Dialysis, IV Therapy, Chemotherapy & Radiation Therapy	Covered at 100% of the allowed amount; no copay or deductible	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered
Intensive Outpatient Program (IOP) and Partial Hospitalization Program (PHP)	Covered at 100% of the allowed amount after $65 per day hospital copay	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered
PHYSICIAN BENEFITS (Includes Mental Health Disorders and Substance Abuse)		
Precertification is required for some physician benefits and physician-administered drugs; please see your benefit booklet. If precertification is not obtained, no benefits are available.		
IN-NETWORK SERVICES *NOT* SUBJECT TO $2,200 CALENDAR YEAR DEDUCTIBLE		
Office Visits & In-Person Consultations	Covered at 100% of the allowed amount after $40 primary care physician copay or $65 specialist physician copay	Covered at 50% of the allowed amount subject to calendar year deductible
Telephone and Online Video Physician Consultations Program A service, available through Teladoc[TM], to diagnose, treat and prescribe medication (when necessary) for certain medical issues. To enroll, go to **Teladoc.com/Alabama** or call 1-855-477-4549.	Covered at 0% of the allowed amount after $40 payment per consultation	Not covered
Second Surgical Opinion	Covered at 100% of the allowed amount after $65 physician copay	Covered at 50% of the allowed amount subject to calendar year deductible
Diagnostic X-ray	Covered at 100% of the allowed amount after $10 copay per procedure	Covered at 50% of the allowed amount subject to calendar year deductible
CAT Scan, MRI, PET/SPECT, ERCP, angiography/arteriography, cardiac cath/arteriography, UGI endoscopy, muga-gated cardiac scan & colonoscopy	Covered at 100% of the allowed amount after $350 copay per procedure	Covered at 50% of the allowed amount subject to calendar year deductible
Diagnostic Lab, Pathology, Dialysis, IV Therapy, Chemotherapy & Radiation Therapy	Covered at 100% of the allowed amount; no copay or deductible	Covered at 50% of the allowed amount subject to calendar year deductible
IN-NETWORK SERVICES SUBJECT TO $2,200 CALENDAR YEAR DEDUCTIBLE		
Surgery & Anesthesia	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible
Maternity Care	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible
PREVENTIVE CARE BENEFITS		
Routine Immunizations and Preventive Services • See **AlabamaBlue.com/preventiveservices** for a listing of the specific immunizations and preventive services or call our Customer Service Department for a printed copy. • Certain immunizations may also be obtained through the Pharmacy Vaccine Network. See **AlabamaBlue.com/pharmacy** for more information.	Covered at 100% of the allowed amount; no copay or deductible	Not covered
Note: In some cases, office visit copays or facility copays may apply		
PEDIATRIC VISION BENEFITS		
Pediatric Eye Exam Limited to one exam (including refraction) per calendar year up to the end of the month in which the member turns 19.	Covered at 80% of the allowed amount subject to calendar year deductible	Not covered
Pediatric Glasses or Contact Lenses Limited to one pair of prescription glasses per calendar year; contact lenses are limited to one 12-month supply per calendar year. Benefits are available up to the end of the month in which the member turns 19.	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
PRESCRIPTION DRUG BENEFITS (Includes Mental Health Disorders and Substance Abuse)		
Prescription Drug Card • Some drugs require precertification; visit **AlabamaBlue.com/DrugList** • If precertification is not obtained, no benefits are available • Prescription drugs other than Tier 4 (Specialty) Drugs – 90-day supply may be purchased but copay applies for each 30-day supply; some copays combined for diabetic supplies • Tier 4 (Specialty) Drugs – up to a 30-day supply • Certain Tier 4 (Specialty) Drugs can only be dispensed by a Prime Therapeutics Specialty Pharmacy™ • View the PrimeChoice™ Essential Drug List at **AlabamaBlue.com/DrugList** • Locate a Limited Retail Network Pharmacy at **AlabamaBlue.com/pharmacy**	Covered at 100% of the allowed amount after the following copays: **Tier 1 Drugs:** $20 copay per prescription **Tier 2 Drugs:** $65 copay per prescription **Tier 3 Drugs:** $100 copay per prescription **Tier 4 (Specialty) Drugs:** The lesser of 50% of the allowed amount or $425 copay per prescription **Generic drugs are mandatory when available and may be classified at any Tier.**	Not covered
Mail Order Pharmacy Service • Up to 90-day supply with one copay • Mail Order drugs are available through PrimeMail® (Enroll online at **AlabamaBlue.com** or call 1-800-391-1886) **Note:** If you have less than a 90-day supply, you will pay the same copay as a 90-day supply when using this mail order service.	Covered at 100% of the allowed amount after the following copays: **Tier 1 Drugs:** $50 copay per prescription **Tier 2 Drugs:** $162.50 copay per prescription **Tier 3 Drugs:** $250 copay per prescription **Tier 4 (Specialty) Drugs:** Not covered **Generic drugs are mandatory when available and may be classified at any Tier.**	Not covered
BENEFITS FOR OTHER COVERED SERVICES (Includes Mental Health Disorders and Substance Abuse)		
Precertification is required for some other covered services; please see your benefit booklet. If precertification is not obtained, no benefits are available.		
Allergy Testing & Treatment Limited to 6 visits per calendar year for allergy treatment	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible
Ambulance Service	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible
Chiropractic Services Limited to 15 visits per calendar year	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered
Durable Medical Equipment (DME)	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible
Rehabilitative and Habilitative Occupational, Physical and Speech Therapy • Occupational, physical and speech therapy limited to combined maximum of 30 visits per year • Children ages 0-9 with an autistic diagnosis are allowed unlimited visits for occupational and speech therapy	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible
Home Health and Hospice	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
PEDIATRIC DENTAL BENEFITS		
Benefits are available up to the end of the month in which the member turns 19. See your benefit booklet for visit and treatment limits.		
Diagnostic and Preventive Services **Examples include:** Dental exams, routine cleanings, fluoride treatment, bitewing x-rays, full mouth x-rays and panoramic film, tooth sealants and topical fluoride varnish	Covered at 100% of the allowed amount; no copay or deductible	Not covered
Basic Services **Examples include:** Tooth color and silver amalgam fillings, simple tooth extractions, non-surgical root canal, emergency treatment for pain and repairs to crowns, inlays, onlays and dentures	Covered at 80% of the allowed amount; no copay or deductible	Not covered
Major Services **Examples include:** Oral surgery, general anesthesia, periodontic exams, removal of diseased gum tissue and bone, crowns, onlays, core buildup, dentures, implants and bridges	Covered at 50% of the allowed amount subject to calendar year deductible	Not covered
Medically Necessary Orthodontic Services **Note:** Benefits subject to a 24-month waiting period	Covered at 50% of the allowed amount subject to calendar year deductible	Not covered
HEALTH MANAGEMENT AND ADDITIONAL BENEFITS (Includes Mental Health Disorders and Substance Abuse)		
Individual Case Management	Coordinates care in event of catastrophic or lengthy illness or injury. For more information, please call 1-800-821-7231.	
Disease Management	Coordinates care for chronic conditions such as asthma, diabetes, coronary artery disease, congestive heart failure and chronic obstructive pulmonary disease.	
Baby Yourself®	A maternity program; For more information, please call 1-800-222-4379. You can also enroll online at **BeHealthy.com**.	
Air Medical Services	Air ambulance service, at no charge, to a network hospital of the member's choice near their home if hospitalized while traveling more than 150 miles from home; limited to two air medical transports per member per year. To arrange transportation, call AirMed at 1-877-872-8624.	

Useful Information to Maximize Benefits

- *To maximize your benefits, always use in-network providers for services covered by your health benefit plan. To find in-network providers, check a provider directory, provider finder website (**AlabamaBlue.com**) or call 1-800-810-BLUE (2583).*
- *In-network hospitals, physicians and other healthcare providers have a contract with Blue Cross and Blue Shield of Alabama or another Blue Cross and/or Blue Shield Plan for furnishing healthcare services at a reduced price (examples: BlueCard PPO, PMD). In-network pharmacies are pharmacies that have a Limited Retail Pharmacy Network contract. In Alabama, in-network services provided by mental health and substance abuse professionals are available through the Blue Choice Behavioral Health Network. Sometimes an in-network provider may furnish a service to you that is not covered under the contract between the provider and a Blue Cross and/or Blue Shield Plan. When this happens, benefits may be denied or reduced. Please refer to your benefit booklet for the type of provider network that we determine to be an in-network provider for a particular service or supply.*
- *Out-of-network providers generally do not contract with Blue Cross and Blue Shield of Alabama or another Blue Cross and/or Blue Shield Plan. If you use out-of-network providers, you may be responsible for filing your own claims and paying the difference between the provider's charge and the allowed amount. The allowed amount may be based on the negotiated rate payable to in-network providers in the same area or the average charge for care in the area.*
- *Please be aware that providers/specialists may be listed in a PPO directory or provider finder website, but not covered under this benefit plan. Please check your benefit booklet for more detailed coverage information.*

This is not a contract, benefit booklet or Summary Plan Description.
Benefits are subject to the terms, limitations and conditions of the group contract (including your benefit booklet).
Check your benefit booklet for more detailed coverage information.
Please visit our website, AlabamaBlue.com.