



Testicular Cancer

Testicular cancer is one of the most curable cancers; however, it can be a deadly disease if it's not detected early. Here is some basic information on risk factors, symptoms, and where to go to learn more.

Blue Cross and Blue Shield of Alabama cares about your health and wellness.

This is an informational series designed to provide specific ideas for a healthy and safe lifestyle.

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Risk Factors

- A family history of the disease
- An undescended testicle (a testicle that has not moved down into the scrotum)
- HIV infection
- Race (white men are more likely to develop the disease than other races)

Possible Symptoms

- A hard, painless lump in either testicle
- A heavy feeling in the scrotum
- Enlargement of the testicle
- A dull ache in the groin area
- Breast growth or soreness

Most cases of testicular cancer are curable, but early detection is the key. Your doctor may perform a physical exam, ultrasound, and/or blood test to detect testicular cancer.

If left untreated, testicular cancer can spread to other parts of the body. Once it spreads, the survival rate decreases. When detected early, testicular cancer is one of the most curable forms of cancer.



Although it can occur at any age, testicular cancer is the most common form of cancer in young, white males between the ages of 15 and 34 years old. Remember, most cases of testicular cancer are curable, but early detection is the key.

To Learn More

For additional information about testicular cancer, visit

www.cancer.org/cancer/testicular-cancer.html

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