BCBSAL Step Therapy Utilization Management

Step Therapy

Step therapy program is a "step" approach to providing the medications that treat your condition. This means that you may first need to try a more clinically appropriate or cost-effective medication before certain higher-cost medications will be approved. Step therapy programs can help both you and the health plan save money.

The Step Therapy form that your physician will need to complete to request an approval can be found on the MyPrime website.

Utilization Management Program	Prerequisites	Drug(s) in Program
Antidepressants	**Generic bupropion, bupropion ER, citalopram, duloxetine, escitalopram, fluoxetine, fluoxetine DR, fluvoxamine, fluvoxamine ER, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER** **Additional alternatives for Cymbalta/Drizalma only: amitriptyline, cyclobenzaprine, desipramine, gabapentin, imipramine, nortriptyline, tramadol**	APLENZIN
		BUPROPION HYDROCHLORIDE ER (XL)
		CELEXA
		CITALOPRAM HYDROBROMIDE
		CYMBALTA
		DESVENLAFAXINE ER
		DRIZALMA SPRINKLE
		EFFEXOR XR
		FETZIMA
		FETZIMA TITRATION PACK
		FLUOXETINE DR
		FLUOXETINE HYDROCHLORIDE
		FORFIVO XL
		LEXAPRO
		MAPROTILINE HCL
		PAXIL
		PAXIL CR

Utilization Management Program	Prerequisites	Drug(s) in Program
		PEXEVA
		PRISTIQ
		PROZAC
		REMERON
		REMERON SOLTAB
		SERTRALINE HYDROCHLORIDE
		TRINTELLIX
		VIIBRYD
		VIIBRYD STARTER PACK
		WELLBUTRIN SR
		WELLBUTRIN XL
		ZOLOFT
Antiemetic Agents	**A generic oral 5HT-3 antiemetic agent**	SANCUSO
		ZUPLENZ
ARB Renin Inhibitors	**A generic ACE Inhibitor or ACE Inhibitor combination (e.g. enalapril, lisinopril, benazepril)** **A generic ARB or ARB combination (e.g. amlodipine-valsartan/HCTZ, candesartan, eprosartan, irbesartan, losartan, telmisartan, valsartan, telmisartan/amlodipine, telmisartan/HCTZ, valsartan/amlodipine)** **A generic renin inhibitor or renin inhibitor combination (e.g. aliskiren)**	ATACAND
		ATACAND HCT
		AVALIDE
		AVAPRO
		AZOR
		BENICAR
		BENICAR HCT
		COZAAR
		DIOVAN
		DIOVAN HCT
		EDARBI
		EDARBYCLOR
		EXFORGE
		EXFORGE HCT
		HYZAAR
		MICARDIS
		MICARDIS HCT
		TEKTURNA
		TEKTURNA HCT
		TRIBENZOR

Utilization Management Program	Prerequisites	Drug(s) in Program
		TWYNSTA
Atopic Dermatitis	**A topical corticosteroid or a topical corticosteroid combination preparation**	ELIDEL
		EUCRISA
		pimecrolimus
		PROTOPIC
		tacrolimus
Atypical Antipsychotics	**A generic atypical antipsychotic Additional alternatives for Abilify only: generic haloperidol, pimozide**	ABILIFY
		ABILIFY MYCITE
		ABILIFY MYCITE MAINTENANCE KIT
		ABILIFY MYCITE STARTER KIT
		CAPLYTA
		CLOZAPINE ODT
		CLOZARIL
		FANAPT
		FANAPT TITRATION PACK
		GEODON
		INVEGA
		LYBALVI
		RISPERDAL
		RISPERIDONE ODT
		SAPHRIS
		SECUADO
		SEROQUEL
		SEROQUEL XR
		VERSACLOZ
		VRAYLAR
		ZYPREXA
		ZYPREXA ZYDIS
Atypical Antipsychotics Extended Maintenance	**An oral short-acting atypical antipsychotic agent with same active ingredient**	ABILIFY MAINTENA
	An oral short-acting atypical antipsychotic agent with same active ingredient	ARISTADA
	An oral short-acting atypical antipsychotic agent with same active ingredient	ARISTADA INITIO
	Invega Sustenna, Invega Trinza	INVEGA HAFYERA
	An oral short-acting atypical antipsychotic agent with same active ingredient	INVEGA SUSTENNA
	Invega Sustenna	INVEGA TRINZA
	An oral short-acting atypical antipsychotic agent with same active ingredient	PERSERIS

Utilization Management Program	Prerequisites	Drug(s) in Program
	An oral short-acting atypical antipsychotic agent with same active ingredient	RISPERDAL CONSTA
	An oral short-acting atypical antipsychotic agent with same active ingredient	ZYPREXA RELPREVV
Continuous Glucose Monitor	**A rapid acting insulin, regular acting insulin**	DEXCOM G5 MOBILE RECEIVERKIT
		DEXCOM G5 MOBILE TRANSMITTER KIT
		DEXCOM G5 MOBILE/G4 PLATINUM SENSOR KIT
		DEXCOM G5 RECEIVER KIT
		DEXCOM G6 RECEIVER
		DEXCOM G6 SENSOR
		DEXCOM G6 TRANSMITTER
		FREESTYLE LIBRE 14 DAY/READER/FLASH MONITORING SYSTEM
		FREESTYLE LIBRE 14 DAY/SENSOR/FLASH MONITORING SYSTEM
		FREESTYLE LIBRE 2/READER/FLASH GLUCOSE MONITORING SYSTEM
		FREESTYLE LIBRE 2/SENSOR/FLASH GLUCOSE MONITORING SYSTEM
		FREESTYLE LIBRE/READER/FLASH MONITORING SYSTEM
		FREESTYLE LIBRE/SENSOR/FLASH MONITORING SYSTEM
DPP-4 Inhibitors	**Januvia, Janumet, Janumet XR**	ALOGLIPTIN
		ALOGLIPTIN/METFORMIN HCL
		ALOGLIPTIN/PIOGLITAZONE
		JENTADUETO
		JENTADUETO XR
		KAZANO
		KOMBIGLYZE XR
		NESINA
		ONGLYZA
		OSENI
		TRADJENTA
GLP-1 Agonists	**Generic metformin, a combination product containing metformin, insulin**	ADLYXIN
		ADLYXIN STARTER PACK
		BYDUREON BCISE
		BYDUREON PEN

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		BYETTA
		OZEMPIC
		RYBELSUS
		TRULICITY
		VICTOZA
Insulin Combinations	**Generic metformin, a combination product containing metformin, insulin**	SOLIQUA 100/33
		XULTOPHY 100/3.6
Metformin ER	**A non-targeted generic metformin ER**	FORTAMET
		GLUMETZA
		metformin hydrochloride er
		RIOMET ER
Methotrexate Injectable Agents	**Generic methotrexate injectable solution (methotrexate sodium solution)**	OTREXUP
	Generic methotrexate injectable solution (methotrexate sodium solution) AND Otrexup AND RediTrex	RASUVO
	Generic methotrexate injectable solution (methotrexate sodium solution)	REDITREX
Multiple Sclerosis	**Generic dimethyl fumarate, glatiramer**	AUBAGIO
	Generic dimethyl fumarate, glatiramer	AVONEX
	Generic dimethyl fumarate, glatiramer	AVONEX PEN
	ONE of the following: Generic dimethyl fumarate, glatiramer AND ONE of the following: Aubagio, Avonex, Betaseron, Gilenya, Kesimpta, Mavenclad, Mayzent, Plegridy, Rebif, Zeposia	BAFIERTAM
	Generic dimethyl fumarate, glatiramer	BETASERON
	Generic glatiramer AND ONE of the following: Aubagio, Avonex, Betaseron, Gilenya, Kesimpta, Mavenclad, Mayzent, Plegridy, Rebif, Zeposia	COPAXONE
	ONE of the following: Generic dimethyl fumarate, glatiramer AND ONE of the following: Aubagio, Avonex, Betaseron, Gilenya, Kesimpta, Mavenclad, Mayzent, Plegridy, Rebif, Zeposia	EXTAVIA
	Generic dimethyl fumarate, glatiramer	GILENYA
	Generic glatiramer AND	glatopa

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	ONE of the following: Aubagio, Avonex, Betaseron, Gilenya, Kesimpta, Mavenclad, Mayzent, Plegridy, Rebif, Zeposia	
	Generic dimethyl fumarate, glatiramer	KESIMPTA
	Generic dimethyl fumarate, glatiramer	MAVENCLAD
	Generic dimethyl fumarate, glatiramer	MAYZENT
	Generic dimethyl fumarate, glatiramer	MAYZENT STARTER PACK
	Generic dimethyl fumarate, glatiramer	PLEGRIDY
	Generic dimethyl fumarate, glatiramer	PLEGRIDY STARTER PACK
	ONE of the following: Generic dimethyl fumarate, glatiramer AND ONE of the following: Aubagio, Avonex, Betaseron, Gilenya, Kesimpta, Mavenclad, Mayzent, Plegridy, Rebif, Zeposia	PONVORY
	ONE of the following: Generic dimethyl fumarate, glatiramer AND ONE of the following: Aubagio, Avonex, Betaseron, Gilenya, Kesimpta, Mavenclad, Mayzent, Plegridy, Rebif, Zeposia	PONVORY 14-DAY STARTER PACK
	Generic dimethyl fumarate, glatiramer	REBIF
	Generic dimethyl fumarate, glatiramer	REBIF REBIDOSE
	Generic dimethyl fumarate, glatiramer	REBIF REBIDOSE TITRATION PACK
	Generic dimethyl fumarate, glatiramer	REBIF TITRATION PACK
	Generic dimethyl fumarate AND ONE of the following: Aubagio, Avonex, Betaseron, Gilenya, Kesimpta, Mavenclad, Mayzent, Plegridy, Rebif, Zeposia	TECFIDERA
	Generic dimethyl fumarate AND ONE of the following: Aubagio, Avonex, Betaseron, Gilenya, Kesimpta, Mavenclad, Mayzent, Plegridy, Rebif, Zeposia	TECFIDERA STARTER PACK
	ONE of the following: Generic dimethyl fumarate, glatiramer AND ONE of the following: Aubagio, Avonex, Betaseron, Gilenya, Kesimpta, Mavenclad, Mayzent, Plegridy, Rebif, Zeposia	VUMERITY
Oral Tetracycline Derivatives	**Any one preferred generic doxycycline agent AND Any one preferred generic minocycline agent**	ACTICLATE

Utilization Management Program	Prerequisites	Drug(s) in Program
		coremino
		DORYX
		DORYX MPC
		DOXYCYCLINE
		DOXYCYCLINE HYCLATE DR
		MINOCIN
		minocycline hydrochloride er
		MINOCYCLINE HYDROCHLORIDEER
		MINOLIRA
		ORACEA
		SEYSARA
		SOLODYN
		VIBRAMYCIN
		XIMINO
PPI	**A generic oral formulation of omeprazole, lansoprazole, pantoprazole, rabeprazole, esomeprazole magnesium**	ACIPHEX
		ACIPHEX SPRINKLE
		DEXILANT
		DEXLANSOPRAZOLE
		ESOMEPRAZOLE STRONTIUM
		NEXIUM
		omeprazole/sodium bicarbonate
		PREVACID
		PREVACID SOLUTAB
		PRILOSEC
		PROTONIX
		RABEPRAZOLE SODIUM DR SPRINKLE
		ZEGERID
Rho Kinase Inhibitors	**A generic ophthalmic prostaglandin**	RHOPRESSA
		ROCKLATAN
SGLT-2 Inhibitors	**ONE of the following: Glyxambi, Jardiance, Synjardy, Synjardy XR, Trijardy XR AND ONE of the following: Farxiga, Xigduo**	INVOKAMET
	ONE of the following: Glyxambi, Jardiance, Synjardy, Synjardy XR, Trijardy XR AND ONE of the following: Farxiga, Xigduo	INVOKAMET XR
	ONE of the following: Glyxambi, Jardiance, Synjardy, Synjardy XR, Trijardy XR AND ONE of the following: Farxiga, Xigduo	INVOKANA
	Glyxambi, Trijardy XR	QTERN
	ONE of the following: Glyxambi, Jardiance, Synjardy, Synjardy XR, Trijardy XR	SEGLUROMET

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	AND ONE of the following: Farxiga, Xigduo	
	ONE of the following: Glyxambi, Jardiance, Synjardy, Synjardy XR, Trijardy XR AND ONE of the following: Farxiga, Xigduo	STEGLATRO
	Glyxambi, Trijardy XR	STEGLUJAN
Statins	A generic statin or generic statin combination	ALTOPREV
		CRESTOR
		EZALLOR SPRINKLE
		EZETIMIBE/ROSUVASTATIN
		FLOLIPID
		LESCOL XL
		LIPITOR
		LIVALO
		PRAVACHOL
		ROSZET
		SIMVASTATIN
		VYTORIN
		ZOCOR
		ZYPITAMAG
Triptans	A generic triptan	AMERGE
		FROVA
		IMITREX
		IMITREX STATDOSE REFILL
		IMITREX STATDOSE SYSTEM
		MAXALT
		MAXALT-MLT
		ONZETRA XSAIL
		RELPAX
		SUMATRIPTAN SUCCINATE
		SUMATRIPTAN SUCCINATE REFILL
		TOSYMRA
		TREXIMET
		ZEMBRACE SYMTOUCH
		ZOLMITRIPTAN
		ZOMIG
		ZOMIG ZMT
Winlevi	A generic topical antibiotic agent, topical retinoid agent	WINLEVI